



G.D. GOENKA PUBLIC SCHOOL, SRINAGAR

Subject: Physical Education Topic: Legends of Tokyo Olympics

Date: 23-09-2021

Name:.....

Grade:1st to 10th

Mirabai Chanu

Saikhom Mirabai Chanu was (born on 8 August 1994). She is an Indian weight lifter. She won the Silver Medal at the 2020 Tokyo Olympics in Women's 49kg category. Mirabai Chanu has won the world Championship and multiple Medals at the Commonwealth Games. She was awarded the Padma Shri by the Government of India for her contributions to the sport. She was awarded major Dhyanchand Khel Ratna award by the Government of India a 2018. Chanu won the Silver medal in the women's 48kg weight class at the 2014 Commonwealth Games.

1.Which sports is Saikhom Mirabai Chanu associated with?

Ans.Weight lifting.

2.How much weight did Mirabai Chanu lift to win the silver medal?

Ans.202kg.

3.Who is the coach of Mirabai Chanu?

Ans.Vijay Sharma.

4.Mirabai Chanu was awarded which Civilian award in India?

Ans.Padma Shri.

5.In which year did Mirabai Chanu receive the Padma Shri Award?

Ans. In 2018.

6. Whom does Mirabai Chanu idolize in Tokyo Olympics?

Ans.Kunjarani Devi.

7. Which medal did Mirabai Chanu win in the 2017 World Cup weightlifting Championship?

Ans.Gold.

8. Under which category did Mirabai Chanu win a silver Medal in Tokyo Olympics?

Ans.49kg.

9.In which year did Mirabai Chanu win the Rajiv Gandhi Khel Ratna award?

Ans. In 2018.

10.Where was Saikhom Mirabai Chanu born?

Ans.Manipur.